

HOLIDAY

ARTIST: Jimmy Fallon & Jonas Brothers

TRACK LENGTH: 3:04

TRACK SPEED: 100 bpm | 0%



FORMULA: [AC ABC AB ABC]

MOVE A: Walk forward as you alternate push forward X4, stay in place and sway arms overhead X4, alternate lat pulldown X4. Repeat traveling backward.

MOVE B: Shake arms up and down for 4 counts then diagonal pull apart X2 as you lift both heels.

MOVE C: Reverse lunge with same arm pushing forward, stand, squat side as same arm pushes to the side. Repeat 4x then alternate.

MOVE	LYRICS	REPS/CT	NOTES
Intro	Instrumental	16 cts	
A	Holiday, time to celebrate	2x/32 cts	
C	Do it like the old days (the old days, hey)	4x/48 cts	4x each then 2x each
A	Holiday, time to celebrate	2x/32 cts	
B	Saxophone	2x/16 cts	
C	We gonna pop the champagne (gonna pop, hey)	2x/32 cts	
A	Holiday, time to celebrate	2x/32 cts	
B	Saxophone	4x/32 cts	
A	Holiday, time to celebrate	2x/32 cts	
B	Saxophone	4x/32 cts	
C	Ooohhhh	2x/32 cts	

